



Ascension In Action

Ascension Lutheran Church

October 2016

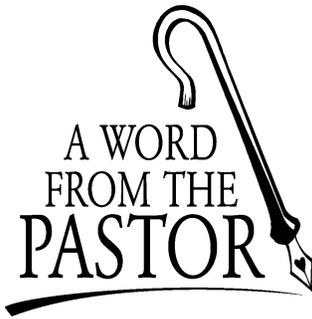
Published monthly in Colorado Springs, Colorado

Let Go and Let God

In our “Ask the Pastor” series, someone asked about what to do when the message, “Let Go and Let God!” doesn’t work. These words are to help us trust in God and relax. Our hope is that saying or thinking this phrase we can calm ourselves and give whatever is bothering us over to God. And at times, when we say these words we help ourselves out of being over-responsible and burdened with cares that don’t belong to us. But when we say these words and find no relief, we can feel we don’t have enough faith or that God is not listening. Surely, if we had more faith, we would get our struggle offloaded and be peaceful.

As much as letting go and letting God may help us to trust and find peace at times, it is not an elixir that works every time. In the Garden of Gethsemane, Jesus gave his life into God’s hands with great faith. He let go and let God. Yet he still experienced loneliness, great suffering and felt abandoned. At times, we will also suffer no matter what we try to think or believe. Our faith is trusting that God will be with us in the midst of our imperfect lives strengthening us, leading us, forgiving us, and helping us serve.

In this month of the 499th Anniversary of the Reformation, I would remind you of Luther’s *A Mighty Fortress is Our God*. It doesn’t promise that we will always feel peaceful about our lives or the political life of our county. It is a hymn that trusts God’s coming through for us in the midst of messed up world with its losses and suffering. Luther wrote, “Were they to take our house, goods, honor, child or



spouse, though life be wrenched away, they cannot win the day, the Kingdom’s ours forever.” In a life that is difficult and uncertain, God’s kingdom is ours.

They can take everything away but God. God will have the final say. Whether we are at peace or suffering, calm or anxious, God will love and hold us. It is such a gracious God that has sustained us as God’s people for these many years.

Pastor Dan

**DATE
CHANGE...
SUNDAY,
NOVEMBER 13**



See the full article on the Youth Spaghetti Supper in the Youth area of the newsletter.

Building Committee Update

The work and inspections were completed in late September. The CLC was scheduled to move back into their newly renovated space on October 1. The project has run relatively smoothly with no major surprises. As a result, it will end well within the congregation approved budget. A final accounting will be given once this portion of the project is completely wrapped up.

Special thanks to the Building Committee which has worked hard on this project over the past couple of years: Craig Kelly, Lacy Hillyer, Lyle Bissegger, Floyd Buhler, Kathleen Madsen, Doris Stokes, and Pastor Holt.

Bill Ayen, Building Committee Chair



What's Happening

Look at all those stars in the sanctuary and around the church. They number as many as the descendents of Abraham. Did you attend Sunday School Rally Day? If you did, then you know where those stars came from and what they mean. If not, ask a Sunday School child, they will tell you.

Look for additional ways to serve or attend fellowship events in the newsletter and Sunday morning bulletins. There are many activities to get involved in. Small groups are a great way to get to know others in the congregation.

Sharon Versaw has answered the call to be Ascension's Council Secretary. Thank you Sharon.

Watch for upcoming events such as our Fall Clean Up Day, PILLAR and SUP activities, and the ever popular Spaghetti Dinner and Variety Show.

Did you see all those yellow t-shirts around town on September 11 and wonder what they were doing. They were all part of the "God's Work Our Hands" day. A big thank you to the many Ascensionites who helped.

"A Community of Grace, Called to Serve."

Peace be with you, Greg Gulliksen, President CPC
637-9313 / greg.gulliksen@gmail.com



The September 13 CPC meeting included the following actions and discussions:

- Pastor Dan Holt led a devotion on stories. He spoke of how stories tell about who we are. There are stories from God in the Bible and our own personal experience with God. There are also stories about Ascension and who we are as a community of faith.
- Council shared stories that define who they are.
- Rex Rudy reported on the August financials. We are in good fiscal shape now that we have gotten through the summer months and are heading into fall.

- Greg introduced Sharon Versaw as our new Council Secretary. Council gave their approval. Sharon will be on the December congregation meeting agenda to be officially voted in.
- Board Directors gave brief updates on current activities and future plans as we get into fall activities. Some of those activities are noted above and are expanded further in this newsletter.
- Pastor Daniel noted the congregation was very generous in the giving associated with the Faster Pastor run. He also thanked Council for allowing him to break his parental leave into two sessions. It was very helpful for he and Kristen.
- Pastor Dan said he and Mary would be attending the Theological Conference.
- Pastor Dan gave an update from the building committee. Construction is almost complete. The contractor is putting final touches on things. The last part of the project are the building and licensing inspections before the CLC can move in.
- Rex made a motion to use monies from a tax rebate the church receive to pay for some miscellaneous items not covered in the budget and to use the money to help pay for the strategic planning firm. Council approved the motion.
- Greg gave an update concerning forming a call committee for a strategic planning firm. Letters of Call went out to members of the congregation to sit on this committee. The committee will be made up of five members. Donna Crump has agreed to head up the committee. The committee will review firms and recommend a firm for Councils approval.
- Greg said he was compiling staff review comments and will be ready hold staff reviews at the end of the month.
- Rex reviewed the preliminary budget and discussed how the budget is formed. Directors will be firming up their budget drafts and getting them to Rex before the end of the month.
- Pastor Daniel led closing with prayers and the Lord's Prayer.
- The approved minutes of recent meetings are posted on the kiosk in the Fellowship Hall and are available in electronic format from the church office.

Fellowship Hour Host

Small groups, families, committees, boards, others, hosting the fellowship hour with treats and information about your organization is a great way to promote your group or upcoming activity. Not many names on the list as we head into the fall.

Change of Address

If you have had a change of address or phone number please contact the church office with your new address or phone number, so we can stay current with your whereabouts and how to get a hold of you. Parents of College students please let us know where your student is going to school and their address so we can keep in touch with them.



Notes from the Music Room

Lutherans do not revere saints in the way that Catholics do, but we do commemorate and remember certain church forefathers and the way they led the church and still inspire us now. Most of those commemorated on the Lutheran calendar are prophets, great leaders or reformers of the church, or theologians. Some of these individuals were musicians as well, but there are only a handful who are remembered specifically for their musical gifts. Bach, Handel, and Schütz are commemorated on July 28, but on October 26, we remember three hymn writers: Philipp Nicolai, Johann Heermann, and Paul Gerhardt. The first and last of these are known for their hymn texts. Heerman's "Ah, Holy Jesus" and Gerhardt's "O Sacred Head, Now Wounded" are still moving texts nearly 400 years after being penned. But only Philipp Nicolai is known for both his melodies and texts. He wrote the words and music for "O Morning Star, How Fair and Bright!" and "Wake, Awake, for Night is Flying," hymns which still grace our hymnal and which inspired Bach to write a cantata based upon each. They are known by some as "the King and Queen of Chorales."

Philipp Nicolai was born in 1556, the son of a Lutheran minister in the German region of Hesse. Shortly after being ordained in 1583, he was expelled from his first parish by the Counter-Reformation. In 1597, he was pastor in the town of Unna when a plague struck and killed 1300 people. During the plague, he consoled himself by reading scripture and writing meditations upon it, which he entitled *Mirror of Joy*. He hoped that these writings about God's promise of salvation would comfort other sufferers, should he also be taken by this plague. So, it was in this time of trial that "O Morning Star" and "Wake, Awake" were forged. Philipp Nicolai survived and continued to write and preach, going down in history as a defender of Lutheranism during the turmoil of the Counter-Reformation.

Soli deo Gloria! Megan

Colorado End of Life Option Act, Initiative 145 Discussion Event:

What do you think and what would God say about this proposed initiative? This initiative will be up for vote in November 2016! It is among the most important policy debates today as it surrounds the issues of euthanasia and assisted suicide. The outcome of that debate will profoundly affect family relationships, interaction between doctors and patients, and concepts of basic ethical behavior. With so much at stake, more is needed than a duel of one-liners. There will be a panel of professionals to guide the discussions.

It doesn't matter what your position is on this initiative, and your involvement will assure all opinions matter! A Panel Discussion with knowledgeable panelist, will be held on October 23, 3:00 PM at Ascension Lutheran Church. I'll have fliers, information etc in the church fellowship area for you to take and hopefully hand out!

For more information, contact Ron Cornell, 719-528-5142 or roncornell@q.com.

Check Out These Backpacks!!!

Kids, adults, youth, parents and grandparents are welcome to check out one of the **Taking Faith Home Backpacks** located near the welcome center.

Each backpack contains a DVD, Bible story and a game, toy etc. The point is to have fun reading, watching or playing within the theme of a Bible story or topic of faith.

DVDs like "**What's in the Bible**" and "**Veggie Tales**" along with games like "**Apples to Apples, Bible Edition**" and "**The Ungame**" are just a few of the fun items included.

Even if you don't have time to open a backpack, take a look at the **Faith 5 bookmark** attached to each pack and see 5 quick and easy ways to share faith.

Instructions for check out are attached to each backpack.

Have a great idea for an additional backpack theme or questions? Please contact Lisa Coltrin at lisamcoltrin@yahoo.com, Mary Stoneback at m.stoneback@asensioncos.org or Elisa Thompson at elisat92@gmail.com.

**God's Grace in Action:
The 2016 Estimate of Giving Program**

Each year at this time we pause to reflect on our life at Ascension and consider how we might participate, with our time, talent and treasure; in the continuing work to which God calls us. We have much to be joyful about. While many houses of worship are struggling; we continue to grow in the number of people gathered on Sunday morning, in our many programs, and in our lives of faith.

Now it is time to take the next step. We must respond to our growth by providing the infrastructure and financial support to make sure that these programs continue to grow and thrive. To make that happen, we are asking you to make an offering of your time, your talent and your treasure.

In a couple of weeks, you will receive an Estimate of Giving card. Committing time, talent, and treasure to our community of faith is about more than keeping the church open. It is about continuing our work and moving us one step closer to supporting God's Grace in the here and now.

We are blessed to have the community of Ascension in which to grow deeper in joy. We look forward to discovering what is possible when we respond in gratitude.

Faithfully, Your Stewardship Board

Stewardship Prayer:

Gracious and loving God, we thank you for all you have given us in our daily lives. We thank you for the community of Ascension, which you have entrusted to our care. We know that, with you, all things are possible. Help us to share your dream for this place and to share our resources of time, and talent, and treasure to make that dream a reality. AMEN.

Interfaith Hospitality Network

Thank you for your continued support of this vital program to provide safe housing for homeless families in Colorado Springs churches. As a charter member of IHN, we have been supporting this vital program since the late 1990s. We will be hosting IHN families at our church from October 23-30. We will have volunteer sign-up sheets in the narthex beginning on October 9th for a variety of ways to help with IHN (bringing food, serving food, activities with the children, staying overnight with our guests, etc). Of course, you can sign up early to help by directly contacting John or Kathy Hayes at (719) 572-1052 or at kittypawz@aol.com.



It's time for our annual Holiday Bazaar here at Ascension Lutheran Church. Mark your calendars for Saturday, October 15th from 9am to 2pm. Lots of your favorite vendors and some new offerings as well! Start your Christmas shopping early!

For information, contact Kirsten Johnson at (719) 440-5896 or email at kirstenj_hg@msn.com. Proceeds benefit the youth traveling to Houston in 2018 for the National Lutheran Youth Gathering.

Create A Legacy



*Ascension Lutheran Church
Endowment Fund*

**God's People Using God's Resources
to Fulfill God's Calling**

Gift's-Wills-Property-Insurance-Memorials-Estates

Legacies Created

Thanks and God's blessings to the following donor(s) for gifts to the Endowment fund:

Bob and Ferne Dillow – birthdays and anniversary giftaways

Leave a Legacy

You can "Leave a Legacy" by leaving a lasting gift through the wise distribution of your accumulated wealth. Your funds or possessions can do double duty and work for you during your lifetime. Then they can go to care for family beneficiaries for a period of years and finally help spread the Gospel of Jesus Christ through the many areas of ministry, mission, and education in your local church or church at large. For more information, contact a member of the Endowment Committee, one of the Pastors, or visit Ascension's web site; www.Ascensionlutheranelca.org

RUTH CIRCLE

All ladies of Ascension are invited to join us on the 2nd Thursday of each month at 9:30am for fellowship and casual Bible Study from the WELCA *Gather* magazine. Our study this fall will be on "When God Forgives the Guilty." Our October 13 lesson is a study on *Jesus and the evil eye: when God blesses the Undeserving*. Hostess this month is Cheryl Johnson. If you are new to Ascension or just looking for a casual Bible Study group, we hope you will come and join us! Copies of the study are available in the church office.



SENIOR LUNCHEON heads to "Thai Basil" (7882 N. Academy), Friday, Oct. 14, 11 AM. Sign up at the kiosk in the fellowship hall. Call Susan (573-4776) with questions, to carpool, need a map, or make ressesies. Planning ahead? "Black Bear Diner" Nov. 11, and "Edelweiss" German Restaurant Dec. 9. We will see you there!

Quilts for New Beginnings Bake Sale

Quilts for New Beginnings will be hosting a bake sale table at Beth-El Mennonite Church during their Fair Trade "Ten Thousand Villages Festival Sale". Monies raised will be used to purchase batting for quilts for World Relief. The event will take place Friday, November 4, from 3 to 8 p.m. and Saturday, November 5, from 8 a.m. to 3 p.m. Ascension members are being invited to bake for this sale – donations of cookies, cakes, pies and breads would be appreciated. **If you think you can donate baked goods, please let me know by Tuesday, November 1. A signup sheet is available in the lobby.** Baked goods will be picked up at Ascension on Friday morning, November 4, at 11 a.m. Questions – please contact Sally Walker at (719) 570-0103 or slwalker@q.com. Thanks so much!



SUP 2016

Deepening Faith & Friendships

***Select Thursdays, 12 pm – 1:30 pm**

**A special thank you to Jim DeLoughry and Rich Johnson for their coordination of August and September's SUP gathering, and to Sally Walker for providing September's main dish.*

Thursday October 20, 12 pm - 1:30 pm: Pastor Lowell G. Almen, Transitional Pastor from First Lutheran Church in the Springs, will join us for October's SUP. Pastor Almen served as the Secretary of the Evangelical Lutheran Church in America from 1988-2007. Pastor Lowell has been a part of the Lutheran-Roman Catholic Dialogue since 1964, a series of discussions involving church representatives of the Lutheran World Federation and reps of the Pontifical Council for Promoting Christian Unity. Pastor Almen will share of his gleanings from these dialogues.

Thursday November 17, 12 pm - 1:30 pm: *Planting Seeds of Abundance:* A gathering that focuses on health and faith (home safety, staying active, etc.) Food provided by *The Local*, the Seed's food truck. Special guests include: Kathy and Brad Chewakin and Lynn Harwell from Seeds' Community Café. *Event Cost: \$15. Friends welcome!

**No need to bring a side dish or dessert, all food is provided by The Local food truck.*

Thursday December 8, 12 pm - 1:30 pm: *Cookies and crafts for The Children's Learning Center (CLC):* Come and make gift baskets for the CLC children, staff and families.

SUP is a gathering time focused on faith formation for older adults through fellowship, learning and service opportunities. If you're interested in a presentation, regardless of age, you are still welcome to attend.

An Opportunity to Give Thanks

During the month of November up to Thanksgiving Day, the Worship Board with the Board of Social Outreach invite you to bring a nonperishable food item for the pantry in Fellowship Hall. We hope this can serve as a reminder of how blessed we are!



BECOME INVOLVED...

****Coffee Fellowship Hour – Smell the Aroma!** Please help keep the coffee hours going by signing up to host a Sunday morning Fellowship Hour! All directions for coffee making are in the coffee station, or just ask for assistance. One or two people is all it takes, and you are so appreciated! See the sign-up sheet on the Kiosk in Fellowship Hall.

****Prayer Ministry** – as we pray for people it helps us to have updates to keep us connected to the person and situation. If you have a prayer concern or would like to become a member of our Prayer Chain, contact the office, 634-1694 or office@ascensionlutheranelca.org.

****Funeral Committee** – Contact Bonnie Vawter (579-6707) if you would like to be added to the list of volunteers to help with food or serving at funerals. We are always looking for volunteers!

****Terrace Gardens Bingo - Prizes and Volunteers are needed.** Our church has been supporting bingo at the Terrace Garden Healthcare Center for almost 35 years. We call three games of bingo from 10:00-11:00AM on the third Wednesday of each month for the interested residents. We normally have about 10-15 players. We call out the numbers until every player wins in each game. After they win, we help them (if needed) to the prize table where they can pick out a prize of their choice. The prizes are all donated by members of the Ascension family. We could use some of the following prizes: gently used men and women's clothing, board games, some small containers of ladies' perfumes, adult coloring books/crayons, and lady's jewelry. Please mark items as "Bingo Prizes" and place them in the Terrace Garden Bingo box located on the counter behind the Welcome Center. *We are also in need of some additional volunteers* to help the residents with their bingo cards and to help them determine which prize they would like to have. The residents really look forward to our bingo each month and it is rewarding to help them each month. Please contact John Hayes at 572-1052 or at blazehayes@aol.com if you'd like to help or learn more about this Outreach program.

****Campbell's Soup Labels:** Please just cut the UPC bar code and the picture of the "point value boy" from the following products: Campbells - soups, chunky soups, Healthy Request, Supper Bakes; Pepperidge Farm, Spaghetti-Os, Swanson, V-8 beverage caps and Prego Spaghetti Sauce. Thanks for continuing to collect these to help the people with disabilities.

****Quilters for a New Beginning** – meets every Wednesday from 9-1 in the Fellowship Hall. They spread out quilts in all phases of creation, and if you'd like to help put together quilts for a good cause, come and join us. No experience necessary, just a good heart willing to learn and participate.

****Mercy's Gate – formerly Northern Churches Care** – Pantry items and toiletries are collected in the cupboard in the Fellowship Hall. Ongoing needs: crackers, mac & cheese, oatmeal, spaghetti, corn, green beans, spaghetti sauce, tomato products, tuna, gravy toothpaste, tooth brushes, face soap.

****Knotty Kneedlers** – We continue to make small blankets and now sweaters for the Indian reservations, as well as prayer shawls. If you would like to become involved in this ministry, or just want to join us for fellowship and work on your own project, we meet every Wednesday at 1pm, in Fellowship Hall. Contact Bonnie Vawter, 579-6707, with any questions.

****Pop can tabs** help the Ronald McDonald House. They may be placed in the container in the cupboard in the Welcome Center.

Holy Pedalers

This is the first riding season, with taking turns organizing/ leading rides. We got off to a slow start due to cold and then rain. We have had some good rides, but have ridden less often. Some of us feel hesitant to say, "we will lead the ride" while others are more comfortable leading a ride. Some of us have instead said, "Let's just take a ride, together". There will likely be some more good rides, before the riding season ends. Most riders are committed to continuing the group, and will likely discuss how we can make adjustments that would increase the number of rides, for next riding season. The goal is to just enjoy riding, together. Bev and Carol

Bridge Group

Our Bridge Group will meet at 5:30pm on October 15th at Ascension. If your card playing skills are a little rusty or you would like to learn how to play this great game, we have help sheets and bridge instructors available to help. Feel free to contact John or Kathy Hayes at (719) 572-1052 or at kittypawz@aol.com if you have any questions about this group.

Health & Faith

November's "Abundant Life" at a Glance

"The thief comes only to steal and kill and destroy. I came that they may have life, and have it abundantly."

John 10:10

A team of ALC members dedicated to encouraging the congregation in living abundantly in Christ is connecting with the Penrose St. Francis Healthy Church Initiative. The Initiative seeks to connect health and faith. This November, the team will lead the congregation in a number of learning opportunities, gatherings, fitness efforts and service projects aimed to help people of all ages connect their faith and health, encouraging abundant life in Christ.

November 1st - WALK TO BETHLEHEM: Walking is mentioned 247 times in the Bible starting in Genesis. Join us on an imaginary Walk to Bethlehem! Our walk begins on November 1st, with a "flight" to Casablanca, Morocco, a walk along northern Africa, and finishing on Christmas Eve in Bethlehem. Together, we will log over 3000 miles of walking! Our journey provides members an opportunity to exercise the physical body by walking (or other forms of movement), exercise the spiritual body by praying, and exercise the mind by learning about different countries and cultures. Each week we will log our miles, see our progress displayed, learn about countries, and be offered verses for meditation.

November 2, 6:30 pm – Special guests from the National Alliance on Mental Illness (NAMI) will share "In Our Own Voice." This is a presentation devoted to hearing first-hand stories of individual's struggles with mental illnesses and how in giving voice to their experience can help others. This is a Confirmation night. All are welcome! Please bring a food item to share.

November 6, 9:15 am – *Adult Sunday School:* A session devoted to addressing issues focused specifically on elder care. Families with elder members and/or older adults concerned for their health and aging issues like memory, functioning independently may find this time very beneficial. Special guest, Katie Johanson, a student under Sarah Qualls, PhD (professor and head of the department for the Center on Aging at UCCS).

November 13, 9:15 am – Sunday School for M.S., H.S. and Adults: Suicide seems to be in our local news a lot. The Suicide Prevention Partnership will present a class that helps answer questions like: What can you do or say to help a depressed or suicidal friend? What shouldn't you do? How do you tell a person you think they need help? What are signs to look for?

November 13, 12 pm - *Service Project:* Share a potluck lunch before joining together to assemble Baby Care Kits for Lutheran World Relief. Bringing a baby into the world can be a difficult and scary thing for a mother living in

poverty. The items in the kit provide some things a mother needs to care for her baby. Donate supplies (a detailed list will be provided) and/or join in the fun of assembling them. All ages welcome! A Thrivent Action Team grant will help buy supplies.

November 17, 12 pm – *SUP: Fall Prevention & Soul Food:* Therapist and member, Kathy Chewakin will lead a time of learning for the group on Fall Prevention with lunch provided by Seeds' Community Cafe. **Cost: \$13.**

November 20, 9:15 am – *Adult Sunday School:* Stress is an epidemic. What are ways to manage stress well? How can our faith in Christ and various spiritual practices aid in this management?

November 23 - *Service Project:* Join other Ascension members to help serve Thanksgiving dinner provided by the Springs Rescue Mission at City Auditorium on the day BEFORE the holiday.

November 27, 9:15 am – *Adult Sunday School:* "There's No Such Thing as a Magic Pill": This will be an educational session on the safety and benefits of the many categories of medication. How to become your own best advocate when dealing with the resources available in today's healthcare arena. It will start a discussion on becoming comfortable asking questions about medications and how to create a resource for yourself and your family. Goal: a better informed individual will ensure a safer, more engaged healthcare consumer.

CLC MOVING PARTY, SATURDAY OCTOBER 1, 8:30 AM – 12 PM



We're grateful for each of your help in moving the CLC from the south-end to the basement this past May. Now, the CLC is looking forward to getting back into their new digs and they'll need our help again. The *probable* move date is scheduled for Saturday October 1st, 8:30 am to move-in completion. Breakfast-like items & drinks will be provided for the morning move. Sign-up sheet located on the Welcome Center desk.

Many hands will definitely make lighter work!

If you can help with the Moving Party on the 1st, let Mary Stoneback know at 303.475.4886 (text/call) or m.stoneback@ascensioncos.org

**This is a great opportunity for Community Volunteer Service Hours!*

ASCENSION YOUTH



Spaghetti Supper/Variety Show/Raffle –

DATE CHANGE*... SUNDAY, NOVEMBER 13

Sunday, NOVEMBER 13th - The annual Spaghetti Supper/Variety Show/Raffle is just around the corner! Join us at **5 p.m. on Sunday, NOVEMBER 13th**, (doors open at 4:30) for a night of fun and fellowship at Ascension Lutheran Church. Funds raised will support Middle and High School youth at Ascension, ensuring all, regardless of their financial situation, have the opportunity to participate in meaningful events. The Variety Show Sign-up sheet will be posted on the Youth Board. Please contact Mary Stoneback at [\(303\) 475-4886](tel:3034754886) or Kim Knoche at [\(719\) 661-7086](tel:7196617086) with any Variety Show questions. Tickets can be purchased in the Fellowship Hall between services beginning October 16th. Ticket prices: Adult - \$10; Child (ages 3-10) - \$5; Family - \$30. Children under 3 are free. *Due to schedule conflicts, we have changed the date to November 13th. Thank you for your understanding and please mark your calendar with this updated information.

Helping Youth at Ascension – The Ascension Youth are asking for your help in making their Annual Spaghetti Supper/Variety Show fundraiser on **Sunday, NOVEMBER 13th** a success. They are requesting donated items that will be raffled off between the acts during the Variety Show. Your donation is tax-deductible and greatly appreciated. Please drop off your donations at the front office Monday – Friday, between 9am – 12pm, or Sunday mornings. For any questions, please contact Carie Hagen at [\(719\) 332-3301](tel:7193323301). Thank you for supporting our 2016 Spaghetti Supper, Raffle and Variety Show!

October
CoSLu
Service
Project @
Palmer Park

Lend a Hand...



Next gathering: Sunday October 2, 12 pm - 3 pm
*Lunch @ 12 pm, First Lutheran
(1515 N. Cascade Ave.)

Service project: 12:45 pm - 2:45 pm
@ Palmer Park

We'll carpool to Palmer Park from First Lutheran Church

No Cost *Invite friends!*

Weather plans: Service project rotations at First Lutheran Church



A special thank you to the Board of Parish Education members who worked hard to make Rally Day a success and to all the Sunday school kids and their families who participated. We enjoyed learning about the promises to Abraham and how stars remind that, "God keeps his promises". We are looking forward to a great Sunday school year. If you need more information about Sunday school for children 3 years-old - 8th grade, please contact Elisa Thompson or Tina Krieg.
elisat92@mail.com/641.5184
petetiangirls@gmail.com/678.850.6793

Sunday school has a very flexible volunteer opportunity that takes one hour a week, *no prep!* The third - fifth grade classroom needs an assistant on Sunday mornings, 9:15 - 10:15 AM. The classroom assistant helps the teacher, Kate Campbell, and the kids with completing the activities for the day. Volunteers can sign up for one or two Sundays as their schedule allows or a whole month or more at a time. For more information, please contact Elisa Thompson or Tina Krieg.
elisat92@mail.com/641.5184
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AIA October 2016 Issue #10
Ascension Lutheran Church, ELCA
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ADDRESS SERVICE REQUESTED

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CHURCH STAFF

Normal Office Hours: 9-12 Mon-Fri (719) 634-1694

Pastor Dan Holt – off on Friday

Pastor Daniel Smith

Music Director – Megan Miller

Youth and Faith Formation Director – Mary Stoneback

Office Administrator – Arlayne McKee

Consultant for Health Care – Dr. Dennis Caldwell

Child Learning Center Director – Teresa Adams

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ts.trinko@gmail.com (newsletter articles)

Our Website: www.ascensionlutheranelca.org

November newsletter deadline: Oct. 16

*In Our Thoughts
& Prayers*

Beth Ayen (Daughter-in-law of Darcy & Bill Ayen), Chuck Blaney, Dale & Dorothy Brown, Sharon Budd (Sister of Darcy Ayen), Brad Buhler, Jacquelyn Ellison (Granddaughter of Marilyn & Troy Goodenough), Tom & Sandra George, Leilani Limiac (daughter of Fairuza Limiac), Hazel Quindt, Jeff Sebben, Jerry Smith, Cathy Stanley, Joshua & Virginia Stanley (Parents of Marilyn Gulliksen), and all of our men and women serving overseas.